

Midlothian Friends Meeting
Zoom Meeting for Discernment
Agenda
9th Day, 8th Month, 2020 - 11:00AM

Welcome and review of Agenda

Queries regarding *Prejudice and Racism* (for silent reflection)

How can I become more aware of my own unconscious prejudices?

Which prejudices do I see permeating my community? How can I help shift the conversation?

What behaviors or attitudes do I hold that do not create inclusivity?

How can stereotyping lead to racism?

Care and Community

Friends to be held "In the Light"

Worship Sharing: Discernment on racial injustice and inequality – All

As Quakers, we are called to "Let our lives speak." How can we promote racial justice and equality in our country as individuals and as a meeting?

Silence / Close of Meeting / Announcements

It is during our darkest moments that we must focus to see the Light.
Aristotle

WELCOME TO WORSHIP SHARING

The purpose of *Worship Sharing* is to provide an occasion for deepening spiritual community through shared attention to a given topic. Although it is NOT worship where messages spring entirely from the Spirit, *Worship Sharing* should be approached with a worshipful attitude.

Here are some suggestions from BYM Faith and Practice and our Spiritual Nurture Committee to help you get the most out of the *Worship Sharing* experience:

- **Let your Inner Light guide you as you share your leadings.**
- **Share out of the silence.** Time and space between sharing helps us to understand what others have shared and to integrate it into our own life experience.
- **Speak from feelings and experience** rather than from ideas, intellect, and opinions. Listen carefully and with acceptance to what is spoken, rather than discussing or specifically answering any one person's remarks. In silent listening we cherish one another and offer our love, acceptance and respect.
- **Respect the confidentiality of what is shared.**

Love Thy Neighbor – No Exceptions

Quakers in our area invite you to join them in their efforts to spread Light within our community.

We have found that a simple way to live a purposeful life is to just let your own inner Light shine to all. That Light is contagious and can literally change the world.

During these challenging times with so many conflicting voices all around us, you will find it calming to take a few moments of silence out of your day to consider how you might contribute your inner Light to others by sharing your spirit of love, compassion, and forgiveness.

Whether someone you come across is experiencing unequal treatment due to the color of their skin, their sexuality, their gender orientation, their nationality, their age, or their religion – don't ever under-estimate the power you hold just by providing your support for a world of Light and love for all.

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