Providing Care and Spiritual Nurture to One Another

at Midlothian Friends Meeting

Midlothian Friends Meeting (MFM) is an egalitarian Quaker meeting. The meeting has a culture of providing care and spiritual nurture to each other, rather than relying on committees to do so.

As Friends are led, we invite you to:

- Provide routine emotional and material support to MFM Friends in need; and make other Friends at meeting aware of each others' needs, as appropriate.
- Welcome visitors to *Midlothian Friends Meeting*. Then if led to do so, access their email address from our guest book and drop them a quick note related to your interaction with them.
- Suggest at our monthly *Meeting for Discernment* your ideas for beneficial sessions, events, or groups that Friends would enjoy.