Need Care from Midlothian Friends?

If you should have a need that Friends at our Quaker meeting could perhaps help you with, here are a few ways to seek that help:

- During our announcement time after *Meeting for Worship* or *Meeting for Discernment*, announce your need for help to those who are at meeting that Sunday. Perhaps you will be able to receive the help or guidance you need immediately.
- Also, send an email to **Quaker_Town_Crier@msn.com** in order to reach all Friends on our directory with the details of your need.

For sensitive matters that require confidential, private conversation, or the use of a ***Clearness Committee****, contact our *Care Coordinators*:

- Ann Duncan: theannduncan@gmail.com 804 385-7504
- Lisa Allen: chem.allen@gmail.com 401 932-7759

If at the time of your need, you've forgotten all the above options, just contact whoever is currently the *Clerk of Midlothian Friends Meeting* (currently Brian McCutcheon). The clerk will point you in the right direction.

* Explanation of ***Clearness Committee*** is in the holder to the left.